

COVID-19

SAFE RETURN TO TRAINING

SAFE RETURN TO TRAINING UPDATE No.2



This guidance applies to Phase 3 (ROI) and Step 3 (NI). Small group training restrictions are now being eased in line with government guidelines/steps and clubs can restart team and squad training.

IN THE NETS	ON THE FIELD	JUNIOR AND YOUTH TRAINING (U16)
<p>Though training number restrictions have been lifted social distancing measures are still in place.</p> <p>It is recommended that numbers still be restricted in the net areas and that nets are only used on an every other net basis.</p> <p>Clubs and Coaches should manage net sessions in such a manner that social distancing can still be maintained.</p>	<p>Group training is permitted, social distancing should be maintained where possible and hygiene protocols should be followed.</p> <p>Prior to the session Coaches and Players should wash/sanitise their hands.</p> <p>Training balls will invariably be shared, ensure balls are sanitised prior to and at the end of each session.</p> <p>Do not touch your face throughout the session.</p> <p>Wash and/or sanitise your hands immediately after the session.</p> <p>Wash down and sanitise equipment after the session.</p>	<p>Ensure there is sufficient space between group training sessions.</p> <p>It is still recommended that groups act independently of each other, this is to support contact tracing should it be necessary.</p> <p>Clubs should consider the Coach to Junior/Youth ratios for safeguarding and COVID-19 social distancing purposes.</p> <p>Cricket Ireland Safeguarding policy and procedures should be in place for all Junior/Youth sessions.</p>

GET IN >>> TRAIN >>> GET OUT

EQUIPMENT	PROTECT	PROTOCOLS
<p>Personal equipment should be sanitised before and after use.</p> <p>Equipment sharing should be avoided. If unavoidable, the appropriate cleaning protocol should be followed before and after use.</p>	<p>Consider the age and health of participants and recommend against high-risk individuals participating in training.</p>	<p>All club protocols remain in place with special attention to sanitising shared spaces and hygiene & contact protocols.</p> <p>Ensure all participants wash/sanitise hands before and after every session.</p>



Wash your hands



Cover mouth if coughing or sneezing



Avoid touching your face



Keep surfaces clean



Stop shaking hands and hugging



Keep a safe distance