



JULY 2020

How Kane became more than able

To open the innings this month, a rare opportunity to listen in on a conversation with New Zealand's captain Kane Williamson. With a test average of over 50 from his 80 tests, Williamson has emerged as one of the world's top batsmen since his debut in 2010. Listen to Williamson discuss how playing multiple sports and having fun as a younger player helped shape his career. He also provides insights into leadership and what makes teams tick.

An evening with Kane Williamson

Kane Williamson joins the Bay of Plenty coaching network in an online Q&A.

<https://balanceisbetter.org.nz/qa-an-evening-with-kane-williamson-by-sport-bay-of-plenty>

Source: Sport NZ

How to keep learning as a coach

FA regional coach development manager, Jack Walton, provides a number of ideas for coaches who want to continue their learning before, during and after courses.

<http://www.thefa.com/learning/coaching/how-to-keep-learning-as-a-coach>

Source: The Boot Room

What kids want in a coach

"Put me in, coach!" That's what most kids said in response to our survey about coaches.

<https://www.rchsd.org/health-articles/what-kids-want-in-a-coach/>

Source: Rady Children's Hospital

Why women coaches matter

An international perspective on women's coaching and why it's important for sport and society that women coaching numbers increase.

<https://www.athleteassessments.com/why-women-coaches-matter/>

Source: Athlete Assessments

Caring as sustainable coaching in elite athletics: benefits and challenges

Coaches in elite sport must ensure a balance between performance, high pressure, and well-being. A caring approach, based on a coach's commitment to caring for athletes, has the potential to create such a balance and sustainability.

<https://www.tandfonline.com/doi/full/10.1080/21640629.2018.1558896>

Source: Taylor and Francis Group

Coaching video of the month: Coaching beginners learning the bowling action

<https://www.youtube.com/watch?v=VHTzqkFuljs>

Source: My Cricket Coach Series by Ben Williams

For information on the CICA, go to: <https://www.cricketireland.ie/get-involved/coaching/CICA>